

Healing an Angry Heart

Ephesians 4:26-27 ~ "In your anger do not sin: Do not let the sun go down while you are angry."

Romans 12:18 ~ "If it is possible, as far as it depends on you, live at peace with everyone."

Proverbs 19:11 ~ "A person's wisdom yields patience; it is to one's glory to overlook an offense."

Proverbs 29:11 ~ "Fools give full vent to their rage, but the wise bring calm in the end."

Ephesians 4:31-32 ~ "Get rid of all bitterness, rage and anger... Be kind and compassionate to one another..."

Proverbs 22:24-25 ~ "Do not make friends with a hot-tempered person, do not associate with one easily angered, or you may learn their ways and get yourself ensnared."

Proverbs 25:28 ~ "Like a city whose walls are broken through is a person who lacks self-control."

Proverbs 17:14 ~ "Starting a quarrel is like breaching a dam; so drop the matter before a dispute breaks out."

Matthew 5:22-24 ~ "But I tell you that anyone who is angry with a brother or sister will be subject to judgment. Therefore, if you are offering your gift at the altar and there remember that your brother or sister has something against you, leave your gift there in front of the altar. First go and be reconciled to them; then come and offer your gift."

1 Timothy 2:8 ~ "I want people everywhere to pray, lifting up holy hands without anger or disputes."

Psalms 34:14 ~ "Turn from evil and do good; seek peace and pursue it."

Genesis 4:6-7 ~ "Then the Lord said to Cain, 'Why are you angry? Why is your face downcast? If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must rule over it.'"

Leviticus 19:18 ~ "Do not seek revenge or bear a grudge against anyone among your people, but love your neighbor as yourself. I am the Lord."

1 Peter 3:9 ~ "Do not repay evil with evil or insult with insult. On the contrary, repay evil with blessing, because to this you were called so that you may inherit a blessing."

Colossians 3:13 ~ "Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you."

Philippians 2:14 ~ "Do everything without grumbling or arguing."

James 4:1 ~ "What causes fights and quarrels among you? Don't they come from your desires that battle within you?"

2 Timothy 2:23-24 ~ "Don't have anything to do with foolish and stupid arguments, because you know they produce quarrels. And the Lord's servant must not be quarrelsome; he must be kind to everyone, able to teach, not resentful."

Proverbs 15:1 ~ "A gentle answer turns away wrath, but a harsh word stirs up anger."

James 1:19-20 ~ "My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry..."

Proverbs 14:29 ~ "Whoever is patient has great understanding, but one who is quick-tempered displays folly."

Ecclesiastes 7:9 ~ "Do not be quickly provoked in your spirit, for anger resides in the lap of fools."

Psalms 37:8 ~ "Refrain from anger and turn from wrath; do not fret—it leads only to evil."