

FREEDOM FROM EARTHBOUND SPIRITS

Earthbound spirits are the souls of individuals who have passed away but have not fully transitioned into the Afterlife. While many hauntings are caused by residual memories imprinted on a location—often seen in repeating patterns such as a figure ascending stairs or lingering in a room—Earthbound spirits are different. These spirits are conscious and can interact with the living. They may be able to change locations or communicate with the living, indicating they are not simply residual impressions but are, in fact, aware and trapped between this world and the next.

The key difference between residual hauntings and Earthbound spirits is that the latter still possess free will. It's my belief that even after death, individuals retain their ability to make choices, and some may choose to remain Earthbound rather than progress through the natural cycle of the Afterlife. There are countless reasons why someone might stay behind after death. Some of the experiences I've had with Earthbound spirits include:

1. **A young girl** who fell from a tree while visiting her grandparents and lingered for 80 years, unable to move on because before her death, she was strictly told not to leave the yard.
2. **Jim** was terrified of death. At the Hospice house, he constantly rang the bell when left alone. As soon as I helped him recognize that he had passed, the sound of the bell went silent and his ice-cold room returned to normal.
3. **Unfinished business**, like a message left unspoken or a mission left incomplete, can also keep people stuck in limbo. In some cases, murder mysteries have been solved or lost items found through their lingering presence.
4. **Fear of Hell**, attachment to loved ones, and addictions can all be powerful forces preventing someone from crossing over. Some spirits cling to the living out of worry for their children or loved ones, while others may remain because the living are unwilling to let them go.

Sometimes, people believe they are interacting with a deceased loved one, but it may actually be a demon pretending to be that person, attempting to mislead them.

How to Discern Between an Earthbound Spirit and a Demon

If you believe you're communicating with an Earthbound spirit, there are a few ways to determine if it's truly them or if something darker is at play:

- **Eye contact:** Ask the spirit to look you in the eyes for at least 15 seconds. Most demons will struggle to maintain a non-evil gaze for that long.
- **Questions about faith:** If the spirit speaks to you, ask them if Jesus is their Lord and Master. A spirit unwilling to claim this is likely not an Earthbound soul but a demon.
- **The nature of the message:** Earthbound spirits may be loving and comforting, even if they were less than kind while alive. This indicates they have moved on and are visiting, rather than remaining stuck. On the other hand, spirits who seem controlling or overbearing could be struggling to detach from their worldly concerns or it could be a demon in disguise.

Even the most loving Earthbound spirit should be encouraged to move on. Remaining Earthbound limits their spiritual growth and can influence the living in negative ways. It's easy for a person to develop unhealthy attachments, relying too heavily on a spirit for guidance or comfort. Earthbound spirits have a limited understanding of the spiritual realm, which could lead them to offer misguided advice.

How to Help an Earthbound Spirit Cross Over

In many cases, spirits appear briefly after death, they often remain Earthbound until after their funeral service. Some communicate through vivid dreams or other subtle manifestations. They may come in for short visits during significant events or during emotional moments to express love and support. As long as these visits are not disruptive or demanding, it's a sign the spirit has already crossed over, and no further action is needed.

However, if you're dealing with an Earthbound spirit that is causing disruption, the following is a prayer you can use to help them move on. Please note, this is for Earthbound spirits only. If you are experiencing demonic interference, contact me for a SoulCleanse and I can guide you through the process. If you have gone through the SoulCleanse process and still having demonic interference, go to the following page and select the "Generic Renounce and Release Prayer" and other prayers specific to your experience.

theresacrabtree.com/renounce-and-release-prayers/

In addition, visit the following page for help in closing any "open doors" that have allowed demonic attachment. theresacrabtree.com/open-doors/

Generic Prayer for Helping an Earthbound Spirit Cross Over:

Adapt the words to fit your unique experience. If you know the name of the Earthbound, use their name.

"Heavenly Father, Creator of All, I request your help in assisting this lost soul to find their way back to you. Please provide protection so that no other Earthbound spirits, demons, or entities can interfere during this process. I ask that this Earthbound spirit look up and see their loved ones or spiritual guides, and may one of them step forward to extend their hand.

To the Earthbound spirit: Reach out and take hold of their hand. If their touch is warm and their eyes are loving, follow them and be guided to your rightful place in the Afterlife. If the hand feels cold or you sense evil, immediately withdraw and look for another guide.

Heavenly Father, if the first guide is not trustworthy, I ask that they be removed, and that this lost soul be allowed to find a loving and safe guide. Once the spirit has a warm and loving guide, may they go in peace and find their place in the heavenly realms.

Thank you, Father, for this opportunity to assist your lost child. Please clear any remaining energies or attachments that may have been left behind, and sever any unhealthy ties between myself and this spirit. I ask that this portal remain closed, and that no other spirits or entities come to me unless it is your will. Amen."

Final Thoughts

Once the prayer is said, you may notice that the Earthbound spirit begins to leave. Sometimes, they may need more encouragement or understanding to move on, but they still have the choice to remain.

Helping Earthbound spirits cross over is an important and compassionate act, but it's essential to approach this task carefully. Always be mindful of your own safety and well-being, and never hesitate to seek help if you feel overwhelmed.

Avoid temptations to summon deceased spirits for advice or any other reason. This may interfere with their Afterlife plans. Worse, the call can easily be answered by a demon.

If you need further help, don't hesitate to reach out for additional support.