

Nightly Review and Prayer

When you consider that demons are part of the huge network of fallen angels talked about in the Bible. It is easy to see their agenda. They are rebels and whatever good works they were created to do, they now do the opposite.

Demons may try to pull you off the Path. When you falter, admit what you did to God, the Creator and strive to overcome that weakness so it doesn't happen again.

There is a Bible verse that reminds us of a great gift from God. We only have to allow ourselves to receive it. *"If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."* (1 John 1:9) This verse reminds us that we have to acknowledge the things we are doing that are not in alignment with the Creator. Then we have to willfully want to stop those behaviors and replace them with those that are in alignment with God's will. Then we receive the blessing of forgiveness and cleansing.

Quiet your mind and focus on being in the presence of God. Begin to review the activities of your day. Express gratitude for the blessings you received that day. Admit where you fell short and be truly remorseful, with the intention of doing your best not to do it again.

Pray from the heart with truth and humility. This prayer follows the basic outline that Jesus gave us in Matthew 6:9-13, commonly called "The Lord's Prayer." Reword it however you wish, reflecting what is in your heart.

"Dear God, Creator of all of heaven and earth. Holy is your name. It is my desire to be your ambassador of Divine Love, living my life in a way that brings more of heaven onto earth. I am grateful for all the blessings I received today. (You can name some, if you choose.)

I admit that today I (state what you did that you're not happy about). I accept your promise that you will forgive my faults, as long as I forgive others who have harmed me in any way. (If you have unforgiveness towards anyone, admit it and forgive them or state that you choose to forgive them.)

Help me to recognize anything that is not in alignment for your will for me. I receive your blessing to cleanse me from all unrighteousness.

I do not give consent for any demons to have access to my body, mind, emotions, my home or to affect my will. If any gained access, I command now, in the name of your son, Jesus Christ, that they leave me and my home now, never to return again.

Thank you, God, for the privilege of my being in embodiment at this time. I offer myself in service to you and others. For thine is the kingdom and the power and the glory forever. Amen."