

# Resources for Incarcerated People

Download a free copy at [theresacrabtree.com/prison](http://theresacrabtree.com/prison)  
Updated September 26, 2019

## BUDDHIST SPIRITUAL RESOURCES

### **Americana Buddhist Temple**

10515 North Latson Road , Howell MI 48855  
Website: [abtemple.org](http://abtemple.org) Phone: 517-545-7559

The major practice of this Temple includes Ch'an and Esoteric Buddhist Teachings; the abbot, Ven. Cheng Kuan, is a descendant of the Tsao Dong Chan lineage. We offer Mahayana Buddhist books free to prisoners. Please write for a booklist. We also offer free downloads of Buddhist books on our website.

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### **Amitabha Buddhist Society of U.S.A.**

650 South Bernardo Ave, Sunnyvale CA 94087  
Website: [amtb-usa.org](http://amtb-usa.org) Email: [info@amtb-usa.org](mailto:info@amtb-usa.org) Phone: 408-736-3386

We offer Pure Land Buddhist teachings (Mahayana), a method of cultivation for attaining Buddhahood in this lifetime. This path is for those who wish to transform life's pain and suffering into happiness and fulfillment with direction and purpose. We offer free audio and video tapes, books and pictures of Buddha. Teachings are offered in English or Chinese. Please write for a catalog. We are not the publisher of our books, so please provide specific prison regulations for receiving items.

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### **Buddhist Association of the U.S.**

2020 Route 301  
Carmel, NY 10512  
Website: [www.baus.org](http://www.baus.org) Email: [baus.book@gmail.com](mailto:baus.book@gmail.com) (free books to inmates)  
845-225-1819 or 845-228-4283  
Buddhist Correspondence Course: free to inmates)

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### **Compassion Works for All**

P.O. Box 7708  
Little Rock, Arkansas 72217-7708  
Website: [www.compassionworksforall.org](http://www.compassionworksforall.org) 501-508-4334  
Dharma Friends Newsletter: free to inmates

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### **Dharma Seed Archival Center**

PO Box 66, Wendell Depot MA 01380  
Website: [dharmaseed.org](http://dharmaseed.org) Email: [contact@dharmaseed.org](mailto:contact@dharmaseed.org)

Inmates may write to receive free audio and video talks on Western Vipassana Buddhist teachings. Please include shipping instructions in accord with prison regulations for receiving audio or video tapes.

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### **Freeing the Mind ~ Kadampa Buddhism**

Kelsang Tekchog c/o Saraha Buddhist Center, PO Box 12037, San Francisco CA 94112  
Website: [kadampas.org](http://kadampas.org) Email: [info@kadampa.org](mailto:info@kadampa.org)

The New Kadampa Tradition (NKT) is an association of Buddhist Centers and practitioners that derive their inspiration and guidance from the example of the ancient Kadampa Buddhist Masters. Please write to request a correspondence program or free books offering the teachings of Geshe Kelsang Gyatso.

## **Gassho Newsletter ~ Atlanta Soto Zen Center**

Attn: Gassho, 1167-C Zonolite Place, Atlanta GA 30306

Website: [aszcz.org](http://aszcz.org) Phone: 404-895-0123

The Gassho newsletter is a free publication created by and written for incarcerated sangha practitioners. Articles discuss prison life and the practice of Buddhism for those serving time. Inmates may request to be on the mailing list. we welcome questions, articles, artwork, etc. from prisoners for publication.

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## **Gay Buddhist Fellowship**

PMB 456

2215-R Market Street #456-A

San Francisco, CA 94114

Website: [www.gaybuddhist.org](http://www.gaybuddhist.org)

The Gay Buddhist Fellowship supports Buddhist practice in the Gay men's community. It is a forum that brings together the diverse Buddhist traditions to address the spiritual concerns of Gay men in the San Francisco Bay Area, the United States and the world. GBF's mission includes cultivating a social environment that is inclusive and caring. GBF newsletter is free for inmates

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## **Insight Meditation Society**

1230 Pleasant St, Barre MA 01005

Website: [dharma.org/ims](http://dharma.org/ims) Email: [ims@dharma.org](mailto:ims@dharma.org) Phone: 978-355-4378

IMS is a Buddhist vipassana meditation center. Inmates may write to receive a free copy of our newsletter *Insight*, which comes out twice a year, as well as receive a letter listing other resources.

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## **Liberation Prison Project**

PO Box 33036, Raleigh, NC 27636

Website: [liberationprisonproject.org](http://liberationprisonproject.org) Email: [info@liberationprisonproject.org](mailto:info@liberationprisonproject.org)

Phone: 415-701-8500

We provide many services and materials for prisoners interested in Tibetan Buddhism. We offer the following free Tibetan Buddhist books; small booklets for specific practices and prayers; materials for prison libraries; a free subscription to our publication *Liberation Magazine*; and practice support for serious students. Selected literature is available in Spanish, Vietnamese and Chinese.

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## **The Sutra Translation Committee of the US**

2611 Davidson Ave, Bronx NY 10468

Website: [ymba.org](http://ymba.org) Email: [ymba@ymba.org](mailto:ymba@ymba.org) Phone: 718-584-0621

We offer a large number of excellent Dharma books to prisoners free of charge. Please write for a list of these books.

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## **Wildmind Meditation Services**

55 Main Street, Suite 315, Newmarket NH 03857

Website: [wildmind.org](http://wildmind.org) Email: [steve@wildmind.org](mailto:steve@wildmind.org) Phone: 603-292-3960

Non-profit organization promoting mindfulness and compassion through the practice of meditation. We offer guided meditations tapes (in clear plastic, assembled without screws) for use in prisons. Tapes include the Mindfulness of Breathing meditation and the Metta Bhavana (Developing Loving Kindness) meditation. These tapes are available to prisoners free of charge. If family or friends want to purchase the tapes for a prisoner or their own use, there is a charge of \$6.95 per tape plus shipping costs.

## HINDU AND YOGA SPIRITUAL RESOURCES

### **The American Gita Society**

511 Lowell Place, Fremont CA 94536

Website: gita-society.com Phone: 510-791-6953

The American Gita Society offers a free membership, open to all. We offer a free Bhagavad Gita correspondence course. For the Gita correspondence course, send your request along with a self-addressed stamped envelope (business-size #10) with 2 first-class stamps on it. We also provide a free hardcover Bhagavad Gita to the prison library or chaplain upon request (not sent to individual inmates).

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### **Association of Happiness for all Mankind (AHAM)**

4368 NC Hwy 134, Asheboro NC 27205

Website: aham.com Email: ahamcntr@asheboro.com Phone: 336-381-3988

We are a direct lineage of the teacher Ramana Maharshi. Please write to us if you are interested in the practice of Self Inquiry (Atma Vichara) and awakening to your True Nature. We offer a free newsletter, *Heart to Heart* and the booklets: *Living Free While Incarcerated* and *Practicing Self Inquiry*.

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### **The Gangaji Foundation Prison Project**

505A San Marin Drive Suite 120, Novato CA 94945

Website: gangaji.org Email: info@gangaji.org Phone: 415-899-9855 Phone: 800-267-9205

Supports prisoners by providing volunteers, books, audio and video tapes at no charge. If you are interested in the teachings of Gangaji, please write to Hari Lubin, Prison Program Manager c/o the Gangaji Foundation. Many prisons have started video groups, to watch videos of Gangaji and discuss the ways this teaching affects them on a personal level. Some participants have reported a reduction in anger and tension, realizing they are already the freedom and peace that they have been seeking. Videotapes and books are sent to these groups free of charge.

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### **Siddha Yoga Meditation Prison Project ~ SYDA Foundation**

Prison Project, PO Box 99140, Emeryville CA 94662

Website: siddhayoga.org Email: prisonproject@compuserve.com Phone: 510-898-2700 ext. 1769

Supporting the spiritual development of incarcerated students of Siddha Yoga meditation. Swami Muktananda, who founded this Project in 1979, wrote a message to prisoners in which he said, "If you want to respect yourself, if you want to improve yourself, if you want to experience the joy of your own inner Self, you can do that anywhere, even in prison." Free to inmates, Siddha Yoga correspondence study course, called *In Search of the Self*. Lessons are received monthly and available in Spanish translation. Over 200 trained volunteer teachers visit prisons and provide programs and courses designed to deepen the student's understanding of Siddha Yoga. The goal is to enable sincere seekers to devote their prison time to the discovery of the divinity that exists within us all.

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### **Sivananda Yoga Prison Project**

Prisoner Outreach, Sivananda Yoga Vedanta Center, 1200 Arguello Blvd. San Francisco, CA 94122

Website: sivananda.org Email: sanfrancisco@sivananda.org Phone: 415-681-2731

Serves all prisoners requesting help and guidance in their spiritual life. Every letter is responded to. A free copy of Swami Vishnu-devananda's *The Complete Illustrated Book of Yoga* is sent to inmates upon request.

### **The TriYoga Prison Project**

Kali Ray TriYoga, PO Box 6367, Malibu CA 90264

Website: triyoga.com Email: info@triyoga.com Phone: 310-589-0600

The TriYoga Prison Project offers classes, workshops and teacher trainings in correctional institutions. We correspond with inmates, and upon request will provide TriYoga products such as instructional videos, meditation music and teacher manuals free of charge.

## **MISCELLANEOUS RESOURCES**

### **American Civil Liberties Union National Prison Project**

733 15th St NW Suite 620, Washington DC 20005 Phone: 202-393-4930

Or try: ACLU National Prison Project, 125 Broad Street, 18th Floor, New York NY 10004

Website: aclu.org

The ACLU offers a free 27-page booklet entitled *Play It Safer*, describing 11 common sexually transmitted diseases. The booklet also includes a national resource list for prisoners.

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### **Mettanokit**

Medicine Story 167 Merriam Hill Road, Greenville NH 03048

Website: circleway.org Email: mettanokit@yahoo.com Phone: 603-878-4005

Programs and services respectfully incorporate the ancestral wisdom of Native Americans and others who honor harmonious living with Mother Earth and spiritual connections with Creation. We provide information on how to start a Native American circle, and we offer counseling services through correspondence. Please write to receive a catalog of our books and tapes.

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### **Miracles Prisoner Ministry (A Course In Miracles)**

4118 County Hwy 8, Wisconsin Dells WI 53965 Phone: 608-253-4662

Website: miraclesprisonerministry.org Website: acimi.com Email: info@miraclesprisonerministry.org

Spiritual recovery program for prisoners. founded on the teachings of Jesus Christ in the New Testament, A Course in Miracles, plus the 12-Step Program of Alcoholics Anonymous. Inmates may write to receive the Spiritual Recovery Correspondence Course free of charge. Our goals: 1) To aid in the change of an inmate's mind to one of fostering forgiveness, peace, self-determination and cooperation. 2) To provide practical tools for inmates to undergo a transformation that sees any term of incarceration as an opportunity for positive, miraculous, inner self-change. Our program is offered to inmates, families, communities, institutions and their staff through multimedia materials, correspondence courses and on-site self-help training programs.

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### **Pen Prison Writing Program**

Pen American Center, 588 Broadway Suite 303, New York NY 10012

Website: pen.org Email: prisonwriting@pen.org Phone: 212-334-1660 ext: 117

Upon request, we will send inmates a free writing handbook offering information on the craft of creative writing, places to send your work and a list of organizations and resources for writers. We also sponsor an annual writing contest for prisoners.

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### **Prison Activist Resource Center**

PO Box 70447 Oakland CA 94612 Phone: 510-893-4648

Website: prisonactivist.org Email: wpbp@prisonactivist.org or prisonactivist@gmail.com

PARC corresponds with and mails a free resource packet to prisoners, their friends and family members. We are often the first point of contact for people to connect with prisoners' rights organizations, community organizations, prison literature and arts projects, family and visiting resources, health care and legal resources, parole and pre-release resources and the prison abolition movement.

## **Sounds True**

(Audio) 413 S. Arthur Ave, Louisville, CO 80027

Website: [soundstrue.com](http://soundstrue.com) Email: [customerrelations@soundstrue.com](mailto:customerrelations@soundstrue.com) Phone: 800-333-9185

We offer a wide variety of audio resources supporting transformation and awakening (liberal spirituality, self-help, mystical Christianity, Buddhist, etc.). Upon request, we will offer audio cassettes directly out of our donation stock. You may request specific titles, however, it may not always be possible to fulfill these requests.

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## **The Art of Living ~ Prison SMART Program**

PO Box 3642, Boulder CO 80307 855-202-4400

Website: [www.artofliving.org](http://www.artofliving.org) Website: [prisonsmart.org](http://prisonsmart.org) Email: [tduffy4u@cs.com](mailto:tduffy4u@cs.com)

The Prison SMART (Stress Management and Rehabilitative Training) Program has gained national recognition and is now offered in prisons across the U. S. The breathing techniques and cognitive skills taught by volunteers help participants reduce and manage their stress levels in order to help them think more clearly and improve their actions. Thousands who have completed the programs are living testaments to its mission. This unique stress management program assists prisoners in their personal rehabilitation, reducing violence and drug dependence, while teaching how to accept responsibility for past actions and future conduct.

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## **FREE BOOKS FOR INCARCERATED PEOPLE**

Besides the businesses listed below, there are many groups who send to specific states. If you have someone on the outside, have them check for free books for inmates in your specific state online.

### **When ordering free books, here are some tips to consider:**

\*\* Please be patient. Most are all volunteer and generally two to four months behind in responding to your requests. Take this time into account if you're going to be transferred or paroled, etc.

\*\* Let them know your prison's book restrictions. Is there a maximum amount of books they allow to be shipped at one time? Do they allow used books, or new only? Are hardcovers OK, or do they only accept paperbacks? Is there an authorization form needed? If so, send a copy or let them know, when you request the books. Are there restrictions on who the books can come from?

\*\* Most can't fill orders for specific books, so include a list of the subjects or types of books you're interested in. Books are usually donated and change every week.

\*\* Write clearly, especially your name, ID number and address. Include all this info on both the envelope AND in your letter.

\*\* Share the books with friends after you've read them.

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## **Abraham-Hicks Publications**

PO Box 690070 San Antonio, Texas 78269

Website: [Abraham-hicks.com](http://Abraham-hicks.com) Phone: 830-755-2299

They send their three primary books free to inmates upon request.

*Ask and It is Given, The Law of Attraction and The Amazing Power of Deliberate Intent*

## FREE BOOKS FOR INCARCERATED PEOPLE

### **Agape International Spiritual Center**

5700 Buckingham Parkway Culver City, CA 90230

Website: [agapelive.com](http://agapelive.com)

Founded by Michael Beckwith, featured in *The Secret*. Request their monthly subscription to *Inner Visions*, a non-denominational daily reader with great quotes and affirmations that have a lesson or observation made by a contributor.

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### **Anthroposophical Prison Outreach Project**

1923 Geddes Ave, Ann Arbor MI 48104-1797

Website: [anthroposophy.org](http://anthroposophy.org) Email: [prisonoutreach@anthroposophy.org](mailto:prisonoutreach@anthroposophy.org) Phone: 734-662-9355

Do you feel there must be some meaning in your prison experience that is still to be discovered or that you can give it meaning? (Anthroposophy—the path from the spirit in man to the spirit in the universe, embraces a spiritual view of the human being and cosmos, but its emphasis is on knowing, not faith. It is a path in which the human heart and hand, and especially our capacity for thinking, are essential.) You may write to receive an initial package of literature containing a booklet titled *Self-Development in The Penitentiary*, as well as other articles and meditation exercises. They also loan out a huge selection of Spiritual Sciences books by Rudolph Steiner and others. A catalog can be requested. They send postage paid envelopes with their books for simple and free returns.

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### **Association for Research and Enlightenment**

215 67th St, Virginia Beach VA 23451

Website: [edgarcayce.org](http://edgarcayce.org) Phone: 800-333-4499 Phone: 757-428-3588

Helping people change their lives through the ideas presented in the Edgar Cayce readings. Inmates may write to receive 2 books every other month, with the exception that inmates in WA, CA and OR will receive 1 book a month. Books focus on self-improvement, spiritual growth, holistic health, intuition and ancient mysteries.

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### **Books to Prisoners**

c/o Left Bank Books, 92 Pike St Box A, Seattle WA 98101

Website: [bookstoprisoners.net](http://bookstoprisoners.net)

BTP sends donated books to prisoners. Choice of books is limited. Please send a list of topics you are interested in. No legal or religious books. It may take six to eight months for material to arrive. Donations of stamps are appreciated.

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### **Bound Together Bookstore**

Bound Together Books 1369 Haight Street San Francisco, CA 94117

**Website:** [prisonersliteratureproject.com](http://prisonersliteratureproject.com) Email: [prisonlit@yahoo.com](mailto:prisonlit@yahoo.com) **Phone:** 415-672-785

Free books to prisoners. Send requests with list of 5-10 preferred topics.

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### **Conversations with God**

Janine Cantin Prison Outreach Director of CwG Foundation

PO Box 1118 Wickenburg, AZ 85358

Website: [cwg.org](http://cwg.org) Email: [prisonoutreach@cwg.info](mailto:prisonoutreach@cwg.info) Phone: 541-482-8806

Based upon the work of Neale Donald Walsch. Inmates may write to request a scholarship subscription to our newsletter *Conversations*, and request any of the *Conversations with God* books free of charge. Great books for all Seekers. Through God's Pen Pals we will connect you with other people who are interested in these teachings. Request their monthly newsletter, *Freedom Inside*, which is free to inmates.

## FREE BOOKS FOR INCARCERATED PEOPLE

### **Crossroads Prison Ministry**

PO Box 900, Mill Valley, CA 94942

Free Book: A Course in Miracles

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### **Foundation for Inner Peace**

PO Box 598, Durham NC 27715

Website: [humankindness.org](http://humankindness.org) Phone: 919-383-5160

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### **Human Kindness Foundation**

PO Box 61619, Durham NC 27715

Website: [humankindness.org](http://humankindness.org) Phone: 919-383-5160

The Prison Ashram Project: Offers support in the form of interfaith books, tapes, newsletters and workshops. Request a free copy of *We're All Doing Time* by Bo Lozoff

Ask for our free quarterly newsletter, *A Little Good News* and a catalog of books and tapes.

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### **Larson Publications Dept K**

4936 NYS Route 414, Burdett NY 14818

Website: [larsonpublications.org](http://larsonpublications.org)

Free karma book for prisoners, *What is Karma* by Paul Brunton. This book explains what karma is, how it works, its relationship to forgiveness, freedom and enlightenment, and how to get karma working for you. Please include information regarding prison regulations for receiving reading material.

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### **Lionheart Foundation**

PO Box 170115, Boston MA 02117

Website: [lionheart.org](http://lionheart.org) Email: [questions@lionheart.org](mailto:questions@lionheart.org) Phone: 781-444-6667

Through its National Emotional Literacy Project for Prisoners, Lionheart provides effective resources for breaking the cycles of addiction and violence that permeate the lives of many prisoners. We offer free distribution of the book *Houses of Healing: A Prisoner's Guide to Inner Power and Freedom* to prison libraries programs nationwide. The book combines tools for change with an awareness of the emotional challenges facing inmates.

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### **L/L Research**

PO Box 5195 Louisville, KY 40255-0185

Website: [LLResearch.org](http://LLResearch.org) contact [@llresearch.org](mailto:contact@llresearch.org)

This organization was created by Carla Rueckert and others who researched UFO's, spirituality and meditation. They will send books free to inmates upon request. Recommended to start with: *The Choice: Living the Law of One-101 and Secrets of the UFO*. Also request their newsletter *Light Lines*.

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### **My Brothers 2 Keep Prison Ministry**

PO Box 89174, Tampa, FL 33689

Free Bibles and Greeting Cards

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### **Philadelphia Church of God**

PO Box 3700 Edmond, OK 73083

Free books, booklets and Bible Study Course

## FREE BOOKS FOR INCARCERATED PEOPLE

### **Prison Book Program**

c/o Lucy Parson's Bookstore, 358A Centre Street, Boston, MA, 02130

Website: [prisonbookprogram.org](http://prisonbookprogram.org) Email: [info@prisonbookprogram.org](mailto:info@prisonbookprogram.org) Phone: 617-522-6098

Free, quality reading material for inmates since 1972. We offer a free National Prisoner Resource List to all prisoners. We do not offer a catalog of books, so please request books by topics. When requesting books, please send us your prison's restrictions on reading material. Donations, including stamps, are always welcome. Be patient, we have over a 3-month backlog of requests. We do not send books to TX, CA, MI, NV, OR or MD (except Jessup).

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### **Prison Library Project**

915-C West Foothill Blvd. PMB 128, Claremont, CA 91711-3356

Website: [prisonlibraryproject.org](http://prisonlibraryproject.org) Phone. 909-626-3066

Non-profit organization providing books free of charge to inmates nationwide. Book topics: self-help, personal and spiritual growth, wellness and metaphysical books. No law books, technical, GED, and no catalogue. All states except MA

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### **Prisoners for Christ Outreach Ministries**

PO Box 1530 Woodinville, WA 98072

Bible Study Correspondence School. When requesting, must send: Your Name, Institution's Name and Address, Your DOC or ID number and Housing Unit or Location.

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### **Prisoners Literature Project**

c/o Bound Together Books

1369 Haight St

San Francisco, CA 94117

Please limit requests to once a year and share the books with friends after you've read them. We don't send books to Texas; if you're incarcerated there, contact the Inside Books Project in Austin: 3106 E. 14 1/2 Street Austin, Texas 78702. We do *NOT* have the following kinds of books: law books and legal guides, romances, horror, Bibles and Christian literature. We have **very few** thrillers, mysteries, westerns and sci-fi novels. If you request any of these kinds of books, be sure to request other kinds, as well. We **DO** have books on the following subjects: History; Literature (novels, poetry, mythology); Politics; Philosophy; Psychology, Self-Help; Science and Math; African-American, Latino and Native American fiction and nonfiction. If you prefer fiction by or about people of color, please let us know. We try to keep dictionaries in stock, but occasionally run out of them. Unfortunately, we rarely have almanacs.

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### **Self-Realization Fellowship**

3880 San Rafael Ave., Los Angeles, CA 90065

Kriya Yoga Teachings of Paramahansa Yogananda, Books, Newsletter

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### **The Aleph Institute**

9540 Collins Ave, Surfside FL 33154

Website: [alephinstitute.org](http://alephinstitute.org) Phone: 305-864-5553

Not-for-profit providing alternatives to incarceration, rehabilitate inmates, counsel and assist their families, and provide educational programs inculcating universal truths and concepts common to all of humanity. Jewish inmates may write to receive free books, regular monthly literature, holiday offerings and family programs.



## FREE BOOKS FOR INCARCERATED PEOPLE

### **The Napoleon Hill Foundation**

1 College Avenue Wise, VA 24293-4400  
Website: [naphill.org](http://naphill.org) Phone: 276-328-6700

Free to inmates upon request, Hill's best-selling books, including, *Think and Grow Rich*. For decades, the principles of success in this book have been used by many of the world's most successful people.

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### **Reverend Theresa Crabtree Books4Inmates**

Website: [theresacrabtree.com](http://theresacrabtree.com)

PO Box 862 Sanford, FL 32772

Currently, I send my books: *Mayan Messages: Daily Guide to Self-Empowerment* and *Enlightment Behind Bars* to inmates free of charge.

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### **Women's Prison Book Project**

c/o Beyond Media Education 4001 N. Ravenswood Ave. Suite 204-B Chicago, IL 60613

Website: [chicagobwp.org](http://chicagobwp.org) Phone: 773-530-1579

Provides women in prison with free reading materials covering a wide range of topics from law and education (dictionaries, GED, etc.) to politics, history and women's health.

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### **BOOKSELLERS : Specializing in Self-Empowering and Enlightening Books**

Hamilton Booksellers PO Box 15 Falls Village, CT 06031-0015

Website: [hamiltonbook.com](http://hamiltonbook.com)

Request a free catalog.

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### **Inner Traditions Bear & Company**

PO Box 388 Rochester, VT 05767-0388

Website: [innertraditions.com](http://innertraditions.com) Email: [customerservice@innertraditions.com](mailto:customerservice@innertraditions.com) Phone: 800-246-8648

Books for the mind, body and spirit. Request a free catalog.

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### **New World Library**

14 Pamaron Way Novato, CA 94949

Website: [newworldlibrary.com](http://newworldlibrary.com) Phone: 800-972-6657 Phone: 415-884-2100

Books that change lives. Request a free catalog.

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### **The Book Tree**

PO Box 16476 San Diego, CA 92176 Website: [thebooktree.com](http://thebooktree.com) Phone: 800-700-TREE

The Book Tree is a bookseller that provides controversial and educational products to help awaken the public to new ideas and information. In addition to the published titles found on this website we carry over 1100 books, audio, videos, dvds and other products. Write for a free catalog. We also have about 2000 used books for sale on [amazon.com](http://amazon.com).

We challenge each of you to avoid the endless diversions that have been conveniently placed in front of us all, that rob us of the ability to investigate the truth. If we all take a real interest in exploring who we really are, why we are here and where we are going, then our society would take a quantum leap forward. We hope that you are one of the few people who realize that knowledge is power. Knowledge will give you the power to think for yourself instead of being told what to think. Knowledge will allow you to control your own destiny if you are informed and educated. If you have an interest in such matters then our products are for you.

## MAGAZINE SUBSCRIPTIONS

### **Inmate Magazine Service**

PO Box 2063 Fort Walton Beach, FL 32549

Website: [InmateMagazineService.com](http://InmateMagazineService.com)

Send a written request for a complete list of all magazines and discounted pricing.

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### **Tightwad Magazines**

c/o Julie's Gifts PO Box 1941 Buford, GA 30515

Offers a list of discounted magazines and subscriptions for prisoners and a catalog of gifts for their loved ones. Write for a copy. Sending a pre-addressed stamped envelope speeds delivery.

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### **Tools for Freedom**

4-1104 Kuhio Hwy Ste 101 #143 Kapaa, HI 96746

Website: [toolsforfreedom.com](http://toolsforfreedom.com) Email: [customerservice@freedomprivacy.com](mailto:customerservice@freedomprivacy.com) Phone: 800-770-8802

Knowledge is power. Request a free catalog.

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### **White Mountain Education Association**

PO Box 11975, Prescott AZ 86304

Website: [wmea-world.org](http://wmea-world.org) Email: [staff@wmea-world.org](mailto:staff@wmea-world.org) Phone: 928-778-0638

Our organization is rooted in the ageless wisdom teachings, teachings that go to the essence of life. Inmates may write to receive our bimonthly newsletter, *Meditation Monthly International*, as well as a correspondence course free