

## What is My Life Purpose?

*Dictated by Theresa Crabtree*

The main reason anyone comes to earth is to experience physicality. We truly are spirit beings having a human experience. At the Higher Self level, we have a much greater awareness of our True Roots. We are not caught up in lies and deceit such as can happen while in duality.

The low density that we are experiencing on earth was never meant to have so much darkness. Like all things, creating life on earth was an Experiment. At the root of every sentient being is one's connection to All That Is, whether you call this God, Source, Creator, Allah or a myriad of other names. This Creative Source is All Love, true Unconditional Love. Yet, as a Creator, one desires to expand and experience more. Thus, a time came when the Creator decided to "fragment" itself, with some "leaving" the Whole and going out to explore. In one sense, we are All One and still connected, although while in human form, this remembrance is often limited.

One of the reasons many come to earth is to experience this belief of being separate from All. There are not too many places where this experience can occur. Once one settles on earth, it can be a shock, for there is truly no way for one to prepare for the density of this planet. This is why many have terrible times from birth onward, until they learn to adapt.

Yet, the main reason why Spirit Beings choose to come to earth is to experience Love in a different way. Just *being* physical, provides a whole new experience for a Being who is non-physical. There are many opportunities to visit and live on other planets, in physical or semi-physical form. Thus, some who come to earth are here simply for the beauty of the planet and to experience things they cannot do while in Spirit form. Many of you originally came for this reason.

However, those who have come repeatedly to earth may get stuck in the density. Some are here to "balance" other lifetimes, what some refer to as "karma." This is not mandatory, but a choice made by one's Higher Self. Thus, one who is evil in this lifetime may be balancing his own karma. One could also be answering the call of a friend in his Soul Group who asked him to come and play the "bad guy." Neale Donald Walsch's parable, "The Little Soul and the Sun" best describes this. You can find a link and view and listen to an oral reading of it at:

<https://www.theresacrabtree.com/unseen-world-resources/>

Many who have had repeat lives on earth have come here to "finalize" their cycle and to clear up any negative energies they have implanted during other lifetimes. Some of these people are traveling the world, not knowing or consciously knowing why they are drawn to be at a certain location. Many are here to clear energies impregnated by their bloodline lineage or impacts from their cultural lineage.

Many have been part of the scientific experiences which are often labeled as "ET abductions." When one realizes that all life on earth has extraterrestrial roots, then it is easier to understand why ETs are here and monitoring us. We are them. In most cases, this work is known before one incarnates. These are important ongoing investigations, many which has helped all living forms on earth to survive. In most cases, these are experiences that your Higher Self agreed to be a part of.

Yes, there have been rogue ETs and Dark Entities who have caused some havoc, but it is also important to remember that they come from the same roots as you, from Creator Source. Each individualized aspect of Creator (the good, the bad *and* the ugly) has Free Will to choose whatever they wish, within the parameters of the space they occupy. The original intention was to use one's co-creative abilities to expand Love. However, through "time," many beings in various dimensions, decided to push the limits and some chose to experience, "Not-Love." With the gift of Free Will, we are all given creative license to do so. Yet, there are

repercussions since the universe is set up as a “cause and effect” experience. One need not go out of their way to punish another, because the “Law of Attraction” and the “Law of Cause and Effect” will eventually be mirrored back to those who choose Not-Love. Thus, many have come to earth as part of the scientific experiments, especially those having to do with the evolution of the human race, as well as other species. With the advent of hypnotherapy and the internet, many of these are re-memorizing their “past lives” and “star roots.”

Currently, earth is lagging behind in the universe as it prepares to ascend to another level of being. Thus, many have volunteered to come to earth to anchor more love, peace, kindness and compassion. However, many of these Volunteers experience culture shock, never having been in physical form or never having experienced the density of this planet. These Souls have a hard time dealing with the negativity and hatred down here. To cope, many withdraw within. Some are super-sensitive to electronics, chemicals, bright lights, loud sounds and food additives. Many recoil when faced with angry people, not able to deal with the onslaught of negative energy. Some of these people are labeled as “autistic.” Others are considered mentally ill because they see dead people, hear voices or experience other paranormal phenomena that are part of who we really are. In our Spirit Bodies, we can see those in all dimensions and communicate with them, for there is no death or barriers.

Eons ago, as the human race continued to lag behind the total ascension plan, a new experiment was allowed. Those who monitor and created this planet had already noted that quite often, a human needed to hit “rock bottom” before awakening. Although this never *needs* to happen, within each generation a multitude of people get stuck and fall away from the original Path of expanding Love. Thus, there came a time when Dark Entities were allowed to infiltrate in larger numbers. The hope was that the Dark Entities would hasten some humans’ awakening by helping them move towards “rock bottom” faster. Like many experiments, this one didn’t go as planned and the Dark has taken too much control. As a result, a new experiment is taking place. Many Light Beings are now volunteering to come to earth to help balance the number of Dark Entities by showing them the way back to “the Light.”

This is all shared with you, to show you that there are a vast number of reasons why a Spirit Being chooses to send an aspect of itself to earth. You may resonate with one or more of the reasons cited. Keep in mind that, even if you had several lifetimes in which you did much harm to others, you do not need to experience those effects on yourself. Thus, past life reasons for incarnating are of lesser importance. Those who perpetrated harmful experiences on others are not here for the express purpose of being punished for past life crimes, although they may choose to have this experience.

The most basic reason why a Spirit Being sends an aspect of itself to earth at this time, is for the opportunity to create and experience an expansion of love. This was the original intent and that has never changed, although, things have gotten a bit out of hand. When you look around, you see many more expanding Not-Love than Love. We are aware of this and that is the reason why so many are Volunteering to return to earth or to come here for the first time. We need “Higher Order” Beings of Light to help expel or convert the Dark Ones and to anchor more Love and Light on earth.

If you are awakening spiritually and feel lost because you do not know what to do, then it is likely you came here simply to Be. It matters not what line of work you choose to meet your physical needs. If you do not feel drawn to a specific geographic area, then it matters not where you live. However, the tricky part is discerning the choices you make. Are they coming from fear-based or love-based beliefs and experiences?

Thus, it is important to work through any fear, find any beliefs that are hindering you, and to focus your thoughts, words and actions on those that expand Love. It is difficult in this world to love oneself and even harder to love annoying people. Yet, the more you move towards Unconditional Love with your choices, the more you are experiencing what you came here to do. The Heart Connections is just one tool to help you to achieve this lofty goal.

There are very few humans who are experiencing Unconditional Love in all situations, yet this is the goal. If one is to ascend above duality, Unconditional Love is the goal to press towards. One thing that tends to trip people up is the need to “save” others. Nay, we are here to role model, to those who also Seek Higher Understanding. We are each walking the Ascension Path, not the Savior Path. For we are creative, Free Will creatures who need to consciously choose our own experiences. There are many Paths back to Creator. Some paths are more adventurous or dangerous than others. Yet, in the end, all will return to Source.

Your role is to choose how you want to express your creativity throughout this lifetime. If you are reading this, then that means you are awakening to your Spiritual Roots. If you ask the question, “What is my purpose?” We will tell you, “That is up to you.” Your role is to connect with your Higher Self, that aspect in Higher Realms that created you. Your role is to be an Ambassador of Love for your Higher Self. This is the one who holds the blueprint for your life. A basic script of what your Higher Self wanted to experience was presented and approved by the Council. Thus, who is more qualified than your Higher Self to answer your question, “What is my purpose for being on earth?”

Make a conscious connection with your Higher Self your top priority. The connection is simple, but fear and disbelief will block you. Simply connect to your heart chakra, for this is the center of your body where the energy is strongest. From your body is an energy thread that keeps you connected to your Higher Self. You also are telepathically connected at all times. However, you must learn to discern this still, small voice so that you do not get fooled by imposters. Once you clear the blocks you have created, this connection and communication will gain strength, the more you trust in it.

Once that connection is made, you can ask questions. One way to start your day is to ask your Higher Self, “What would you like to experience through me today?” Then listen to any responses. You may not hear words. However, through the day you may get specific ideas or an intuition to say or do something or to go somewhere. When you learn to discern your Higher Self from the “monkey mind,” magic will happen. Synchronicities will increase. You may not always “hit the mark,” but with practice, you will learn to discern and to catch the clues.

You may have a song lyric running through your mind over and over. Electronic transfers may happen such as a synchronistic telephone call or something popping up on your computer screen. You may feel directed to turn on the TV or radio and there lies the answer to a question you had posed. Other people may say things that make no sense to them, but are the answer to what you needed to hear. The ways Spirit communicates are unlimited. Hearing and heeding the call is the hard part. However, once Spirit finds a way to gain your attention, your Higher Self is more likely to use that method repeatedly. However, the goal is to be in constant telepathic communication, not only with your Higher Self, but with any Spirit Guides who are here to help you.

The more you release anything that creates energetic blocks in your physical, mental and emotional bodies, the easier it will be to communicate. It is similar to a radio station. You do not expect to listen to channel 82.9 by dialing your tuner to 101.3. There will be no reception or at the least, you will hear static. The higher you raise your vibration through gratitude, love, kindness, compassion, etc., the easier it will be for Spirit Helpers to lower their vibration enough to where you can receive each other.

With practice, the reception can become crystal clear. These are the moments when you receive a clear connection. You just “know” what to do or believe what just transpired. It is those “Aha!” moments of clarity when you know the next step, you know where to go, what to do, etc. That is the goal, to have more of these moments of “knowing,” until the communication is loud and strong 24/7.

Although we tend to think of God, our Higher Selves, angels and other Spirit Beings as being “up there,” the truth is they can be right next to you at any moment. You may sense them, or feel them touch you, or possibly even see them. They are invisible to most people because they are vibrating at a much higher

speed and our eyes cannot see them. This is similar to the propeller of an airplane. When the propeller is idle, it is easy to see there are only two blades. Yet, when they are rotating, they become invisible. Yet if you stick your hand into their path... well, let's just say, that would not be a pleasant experience.

It is important to know that your Higher Self, God and Spirit Team are accessible 24/7. They are not bound by the laws of time or space. The Creative Energy of God is everywhere, not in some remote heaven. The Energy Field of God is Every Thing and Every Where and totally accessible Any Time. Every Being is an aspect of God. We are holograms of God. This means that we are not only a part of the Whole, but the Whole is also within you, rooted in the most energetic part of your body, the Heart Center. To reach God, simply focus on your Heart Center and when you feel the Love start to well up or the heat begin to swell, it is your reminder that the Divine Flame within you is fully connected to Creator Source, which is similar to the sun in our solar system. The sun is the central location, radiating inward to outward and touching every part of creation. You may not see the sun at night, but you know that it is there. Similarly, you may not see the Creator, yet it surrounds you in every moment.

No matter where you are in your understanding of the Universe, yourself and those in the Unseen Realms, the message is still very simple. You are birthed from Unconditional Love and the more you expand this Love, the more you will sync with and communicate with other Beings of Light who are also experiencing Unconditional Love. Reach out to these Beings for assistance. Call on your Higher Self for understanding. Ask for assistance in remembering your reason for coming to earth in this lifetime. Then clear the blocks so that you can communicate freely.

Remember that the majority of humans will not ascend in this lifetime. This is known and accepted by All. Although they are not aware of it, they are creators, utilizing their Free Will. Your role is simply to awaken yourself, then reach out to those who come to you for assistance. Plant the seeds, then let them choose whether to nurture that seed or not. Do not be attached to their choices, for their drama does not have to be part of your reality. Know that All is well. You are here, first and foremost, to awaken yourself and then utilize your Free Will to expand Unconditional Love. This is a process while in human form, thus take it one step at a time. Enjoy the journey, for the destination is guaranteed.

Be blessed, Always, All Ways,

The Masters  
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