

Twin Flame Signs and Symptoms

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Twin flame signs and symptoms - no matter how brief or how seemingly meaningless an encounter with another person, you must realize, there is no such thing as coincidence. Often this experience will unfold opportunities, explorations, and self-introspection. If you don't just shuck it away or file it as some blip on the screen and start to discover there really is something there, you may also find yourself awakening to a new level of meaning and synchronicity.

Here are some twin flame signs and symptoms that you may have experienced when meeting with your twin flame or twin soul.

This checklist is by no way all-inclusive, but it will help you identify experiences you may want to investigate into with the other person at a more meaningful level.

- An overwhelming sense of love, affection and *attraction* that compels you beyond reason or sense.
- A sense of completion that goes beyond words, it's impossible to explain why or how you feel so whole once you've met this person.
- A sense of honor, or integrity, or desire to share – but a reticence to burden or pressure the other with your experiences.
- A magnetism stronger than anything you have ever experienced. In fact, you feel it for this person long after he or she leaves your space.
- You find that your skills and knowledge perfectly complement one another.
- The ability to literally feel one another whether you are with them physically or not. You've had that feeling from the moment you've met, and maybe you made a psychic connection even before you met physically.
- A feeling you have to be in a certain place at a certain time, with no other reason, only to find that person in these places and times.
- A feeling that you are so close you just might feel related – like a brother or a sister, but deeper than that level of relationship.
- A feeling you intimately know every detail about this person but you want to hear all about them.
- You *love* listening to each other's stories.
- You want to find out everything you can about the other.
- You read between the lines and try to discover what they really mean or what they really desire and if you can fill that space for them.
- A beginning of a breakdown of your lives as you knew them upon finding one another.
- The power to touch the other and affect a response at any time without physical contact from any distance.

- Over the course of your life, you may have dreams of a “mystery man/woman.” When you meet them, it’s not necessarily a physical similarity, although many report that the eyes and the smile, or maybe the overall presence of that person that feels exactly like that person you dreamed about.
- Synchronicity will be abundant. You may find yourselves calling, emailing and texting one another at the exact same time. You may also find yourselves buying each other gifts at the same time or thinking about one another at the exact same time.
- You may feel your heart wanting to jump out of your chest at the sound of his or her voice, or the mention of his or her name or casual thought of his or her essence.
- The ability to feel each other’s emotions, whether they are happy or sad ones, from any distance.
- The ability to contact one another through meditation and share the same experiences together.
- An intense desire to ultimately be together no matter the obstacles blocking your way.
- The ability to dream of your partner in their current state and verify the accuracy of that dream later.
- You may notice the ability to collapse time as you knew it. Upon your coming together, time and space both will cease to exist.
- When you and your partner are out and about, you may notice the eyes of everyone are upon you. Your deep connection for one another will shine so greatly, that it is not uncommon for the eyes of everyone to be upon the two of you.
- You may find yourselves completing each other’s sentences, sometimes even before you have the chance to begin them.
- You are stunned, sometimes blown away by their sheer presence that seems to constantly surround you.
- You never feel possessed, merely comforted by their presence. You feel instantly reassured that everything is right with the world as long as you can sense them.
- Upon connecting with your twin flame, you may find that you are practically mirror images of one another and that you may want to even run from your partner because of the things you see from the reflection of his/her eyes. You may push your twin away for a time, while you work to get comfortable with the experiences and feelings you feel near them.
- Sometimes you feel unable to communicate verbally, because you feel the relationship is so far along energetically. There is a gap between the energetic and the physical relationship.
- If you currently live apart, (even at great distances) you may notice the power to be intimate without ever physically touching the other or being on the phone together and verify the experience later.
- You may notice that any of your bad habits, ie. smoking, drinking, or whatever they be, will deeply and adversely effect you. Even in your diet, food that you used to be able to eat, will have to be set aside. Sometimes you can’t eat, drink, or do what you used to do to bring yourself pleasure.

If you are already stunned by how many signs that match your current situation, read on further. When I was cross referencing my experience with others who have met with their twin flame, it was quite speechless for me. It is fascinating how the universe arranges all the lessons that we go through before meeting up with the one. What New Age teachings usually describe as twin soul / twin flame relationships, we call a classic twin soul reunion. It needs a definition because it is not the only kind, but it is the most exciting one. The reason why it's thought to be the only type is because it is so intense that even people who are not in it can feel something out of this world going on. Enjoy reading on and continue the self realization...

- A realization that this isn't the first time the two of you have met. Past life experiences and memories start to flood in. You have dreams and experiences or flashbacks to lives or experiences filled with this person. Maybe you make the mistake of calling them by a name you once knew them by or they do that to you.
- You may discover that you have been drawn to the same tastes or have been expressing similar frustrations long before your Twin Flame reunification. Sometimes you don't realize you have the same interests until one of you introduces the other to a new interest or hobby.
- You'll either have similar body challenges or reflective ones. You might be able to feel when the other is weakened, ill, or hurting. It may also affect you physically.
- You find that your twin is the only one to alleviate you completely of your suffering, your pain, or heal your emotional or spiritual ails fully.
- The individual twins become more as one, without losing their unique identities.
- There may be obstacles to overcome to be together, but there are no barriers between twin flames. The relationship is a totally open one and evolves naturally and often rapidly.
- You almost always meet through unusual circumstances or situations that were totally unplanned and unexpected.
- The two of you know without doubt that you have been brought together for some deeper purpose.
- It feels as though you have been awakened since your reunion occurred. You feel more alive than you've ever felt.
- You give to the other in ways to bring them joy, relief or nurture them and never think of receiving in return. Giving is the nature of the twin flame relationship and you feel the rewards in your giving.
- You receive gifts from the other and never think it inappropriate or uncomfortable. In fact, the gift is often something you've been lacking, in great need of or desiring for sometime but never voiced it before.
- There is a strong sense you will be together for all eternity... even when you pass on in this life.
- The relationship is immediate, as though no time had been lost since you were last together.

- There is a very sacred sense of *intimacy* and feeling of divinely inspired wholeness that one finds within a twin soul relationship. It is not by accident nor is it without purpose.
- You may still have karma with your twin from previous lives, but the two of you resolve it with total forgiveness and unconditional love.
- There is nothing hidden between the two of you. You don't hide secrets. You are truthful and respectful to one another.
- Your conversations seem to go on forever. There is nothing you won't discuss with your twin flame.
- Your twin seeks your guidance and advice, and likewise before they go anywhere else.
- There is no need to build walls or barriers between one another from pain or fear. Your twin will treat you as someone sacred.
- If one half of the twin is not ready to access the relationship, or has been traumatized in some way, the other half senses that and may either demonstrate an unusual sense of sensitivity or protectiveness over that person.
- The two of you are inseparable. No matter if there are distances between you physically there is no distance energetically for the twin souls.
- Even if you don't speak for weeks or months, even years, there's always an inevitable drawing that eventually brings you back in touch with your twin.
- Neither one of you are dependent on the other for your sense of self. You know who you are with or without your twin flame in the physical.
- Your sexuality with one another is a sacred act that celebrates the unconditional love you have for one another. You feel a deep spiritual oneness with all that is.
- Trust, patience and acceptance of each other's weaknesses happen automatically. You will never intentionally use that weakness against your twin in anger or hurt.
- There is a special sacredness to your relationship that transcends anything you've ever experienced before. You feel a deep sense of sacredness and unity that you have never known before.
- There are no restrictions within the relationship. All is freedom without the need for ownership or control.
- You will feel inspired to create and your *twin flame* inspires your creativity.
- You do not compete with one another nor do you pretend to be other than who you are. You love each other for their individuality and uniqueness. You understand that some things are better left to your twin's strengths rather than competing.
- You recognize there is a deeper spirituality that you manifest and find that you've become reconnected to the higher self. You will gain knowledge of what your soul's higher purpose is and will serve for that purpose.
- In spite of your similarities as well as your differences, there is no doubt you feel a sense of completion through the other.
- You will recognize you two are truly meant for one another. You will know you are one with everything in the universe and beyond.