

Mark Richardson's  
Intro Letter at ADL Conference 042018

Hello,

My name is Mark Richardson, also known as Shaggy Doo. Since I cannot be with you in person, I would like to introduce myself to you through this letter. I just turned 47 and am about to finish a 25 year sentence for Armed Bank robbery. My actual prison time will be 22 years and 4 months, with earned good time.

I want to thank ADL for taking a chance on Iven-Ra and myself, for giving us this opportunity. You may have heard that inmates cannot be trusted. Well, in trusting us, I hope to prove that rumor as false.

I was raised in a Mormon family and from a young age, I realized this wasn't for me. My home life wasn't great as my father was very abusive to me and my siblings. He was abused himself as a child and later developed dementia and mental illness brought on by cancer. My mother was great and the epitome of unconditional love. She is still with us at age 91.

As a result of the abuse of my father, I began using various drugs at age 13, eventually becoming severely addicted to methamphetamine. At around age 21, I began using meth intravenously. By 24, I came up with the idea to rob a bank to support my drug habit. That idea got me arrested and caused me to spend half my life in prison. Not my best moment.

While sitting in prison, I realized that I needed to do something to fix my life and decided to get clean from drugs. Since then, I haven't done any dope. I also began searching different religions and spiritual philosophies. I went through the rolodex of religious thought and as it turns out, my instincts and interests are in alternative religions and spirituality.

I studied Christianity, Judaism, Satanism, Palo Mayombe and Santeria, Setian, Left and Right-Hand Path and Hermeticism to name a few. My interests and path eventually developed into studying magick, healing, yoga and shamanism with it all under the umbrella of unity consciousness.

My release date is May 29, 2018 and I will be transported to a halfway house in Boise, Idaho, where my mother lives. I will then have five years of supervised release. With good behavior, I can be discharged within 2 ½ years.

My immediate plans when I get home is to find employment and my own humble place to live. I plan to attend massage school and to receive Reiki attunements. I am also interested in training for Therapeutic Touch.

As soon as I receive permission from my parole officer to leave Idaho, I plan to attend the 4-7 year training program at the Barbara Brennan School of Healing in Florida. I also intend to receive training in shamanism.

All of this is to help me attain my life goal of having my own professional healing practice and ministry. I spent too many years taking from others. Now I want to give back for the rest of this life being an instrument of healing and teaching.

We are all one,

Reverend Mark "Shaggy Doo" Richardson